

# The Master Nutrient – *Natural Vitamin C*

## Quantum Vitamin C Complex

*Natural-Source Vitamin C and Synergists*

*Extraordinary Immune, Nerve, Hormone and Mood Balancing Support\**



### Quantum Vitamin C Complex

#### *Key Benefits*

- Well known, effective support to help **strengthen the immune system, maintain healthy gums, eyes and skin\***
- Contains **mood-enhancing compounds which support increased serotonin levels** in the brain\*
- Features the *richest* source of natural vitamin C on earth: Camu-camu berries wildcrafted from the Amazon rainforest
- A proprietary blend of “beyond organic”, nonhybrid natural vitamin C sources including South American Camu-Camu, acerola, Bulgarian rose hips, pristine barley grass concentrate and other nutritional co-factors — this exquisite blend contributes highly beneficial phytonutrients including bioflavonoids, quercetin, limonene, chlorogenic acid, silymarin (*and much more*) to activate powerful antioxidant protection.
- No synthetic vitamin C (ascorbic acid made in a test tube) *Absolutely no excipients, additives, fillers, corn or gluten*



**Vitamin C: Nutrient Extraordinaire.** Vitamin C is truly a nutrient extraordinaire. Research abounds to show that vitamin C is a key vital substance required for many fundamental processes in the body, including the biosynthesis of collagen, the activation of the fat-transporting molecule, carnitine; it assists in the manufacture of the hormones adrenaline and cortisone; it acts as an electron transporter in many enzymatic reactions; it helps protect the integrity of blood vessels; it is a promoter of healthy gums, an important factor in radiation protection, a regulator of cholesterol levels, a free radical detoxifier and an immune-specific, boosting agent.

#### **But does your vitamin C product contain *real* vitamin C?**

**Probably not!** About 99% of all vitamin C products on the market today are synthetically made ascorbic acid – or variations such as calcium ascorbate, magnesium ascorbate or potassium ascorbate. Despite marketing claims, these laboratory-produced powders are *not* natural vitamin C — and far from it. They are chemically synthesized molecules manufactured in a test tube and are often made from genetically modified corn sugar. These synthetic molecules mimic only one component of the multitude of life-supporting nutrient complexes found in *real* natural vitamin C.

**Vastly Superior Benefits.** In the 1930's, Hungarian biochemist Dr. Albert Szent-Gyorgi searched for the elusive nutrient factor that prevented scurvy and thus, won the Nobel Prize in medicine for identifying vitamin C and its many health benefits. Although he successfully isolated the structure of the ascorbic acid molecule in his research, his studies clearly demonstrated the vastly superior benefits of consuming foods rich in natural vitamin C, rather than the synthetic version. For this reason, even though he was the discoverer of ascorbic acid,

“I take vitamin C for colds . . . I prefer to get mine from Camu-camu, the amazing Amazonian fruit that has the world's highest vitamin C content.”

— Dr. James Duke, USDA scientist and author of *The Green Pharmacy*

he did not recommend its use! In fact, Dr. Szent-Gyorgi affirmed repeatedly that the best results occurred when people consumed vitamin C *in its natural form* as present in whole foods.

Today, many scientific studies have demonstrated vitamin C's important health-enhancing and antioxidant benefits. What many people may not know is that like Dr. Szent-Gyorgi's research, much of this research has been conducted using foods high in vitamin C, not synthetic ascorbic acid supplements. This is a very significant distinction — since many scientists and healthcare providers now emphasize the importance of obtaining all our nutrients

from whole nutrient sources such as found in **Quantum Vitamin C Complex**.

**Test-tube Vitamin C: No Thanks.** The proven health benefits associated with vitamin C are actually created by the entire, intricate, complex symphony of phytonutrients and supportive co-factors naturally found only in whole nutrient sources, *not* in isolated, synthesized molecules. In short, test-tube vitamin C simply cannot re-create the magnificent synergy of a whole-nutrient vitamin C complex.

**Don't Go Backwards.** Worse yet, taking synthetic ascorbic acid can make the body more acidic over time and steals from the body's calcium reserves, since the body must release calcium to neutralize the synthetic ascorbic acid. Higher acidity is associated with poorer health. Over time, taking synthetic ascorbic acid products may have negative effects on your health. Don't be fooled by products that advertise ascorbic acid along with rose hips or acerola – it usually contains only

token amounts of the “real” nutrients – you’re still getting mostly synthetic vitamin C.

Many people have stopped using large dosages of synthetic vitamin C because they find that just 2 to 4 Vcaps daily of **Quantum Vitamin C Complex** gives them more effective **strengthening of their immune system, plus it is naturally energizing and mood-lifting.\*** It has the additional benefit of being **non-irritating to sensitive stomachs and bladders** (unlike synthetic vitamin C).

Although the amount vitamin C (per milligram) in Camu-camu appears low compared to synthetically derived vitamin C products, the effects on the human body are **incomparable**. Because of its natural nutrient symphony including bioflavonoids and other synergists, clinical evidence suggests that it is far more effective, milligram for milligram, than synthetic vitamin C (ascorbic acid) or esterified vitamin C.

Health care practitioners report the **extraordinary nutritional benefits for supporting the body’s natural defense against internal invaders using only 2 to 3 Vcaps daily of Quantum Vitamin C which previously they had only achieved with mega doses of esterified vitamin C or mega doses of L-lysine.\***

**Get the Real Thing.** Bursting with the proven goodness of 100% natural vitamin C sources, **Quantum Vitamin C Complex** combines timeless nutritional wisdom with modern innovation. It contains a potent blend of wildcrafted, “beyond organic” nutrients, rich in natural vitamin C, along with their proven Super Nutrient synergists to provide a superior natural vitamin C product, safe and effective for the whole family (even pets).

**The Richest Source of Natural Vitamin C in the World.** Camu-camu is a well known, prized fruit in Japan but is almost unknown in the U.S. **Camu-camu Berries** are the richest source of natural vitamin C in the world. They contain up to 500,000 ppm of natural vitamin C as compared to oranges which provide only about 4,000 ppm. Camu-camu provides over **30 times more vitamin C than oranges**, 10 times more iron, 3 times more niacin, twice as much riboflavin, 50% more phosphorus and is a significant source of potassium. It contains a full array of vitamins, minerals and amino acids which aid in the absorption of vitamin C, including special phytonutrients: terpenes, alpha-pinene and d-limonene. Our Camu-camu berries are carefully and responsibly hand-harvested from the Amazon rainforest, then concentrated in a proprietary process that safeguards their naturally occurring vitamin C, bioflavonoids and other precious, synergistic co-factors.

**Way Beyond Ordinary Vitamin C.** We then blend our exclusive Camu-camu berry powder with other “beyond organic” vitamin C nutrients, including South American **Acerola Berries** (also called Barbados cherries), also very rich in vitamin C (up to 172,000 ppm of natural vitamin C), second only to Camu-camu. These berries contain the special phytonutrients: furfural, hexadecanoic acid and limonene. Another concentrated source of natural vitamin C is included: **Bulgarian Rose Hips**, a well known source of vitamin C.

**Super Nutrient Supporters.** This formula is supported by synergistic nutrients including the Super Food, young **Barley Grass** (picked when the shoots are at peak nutrition at 12 – 14 inches high) which has been used since antiquity, known to have been eaten by Roman gladiators for strength and stamina. Barley grass is 7 times richer in vitamin C than an equivalent weight of oranges and contains an incredible array of highly bio-available vitamins, including 13 times more beta carotene (a precursor of vitamin A) than carrots, B complex vitamins, niacin, folic acid, choline, pantothenic acid, as well as all known (*and as yet unknown*) nutrients needed to sustain and maintain life.

Barley grass also offers a rich source of highly bioavailable minerals including potassium, calcium, magnesium, potassium, iron, copper, phosphorous, zinc, manganese, and selenium, all in a highly complexed, synergistic form. Barley grass’s high mineral content helps alkalize the body and promotes an ideal pH. It contains 37 times the amount of calcium found in milk, 5 times the iron as found in spinach, and almost 25 times the potassium as the equivalent amount of wheat. Barley grass also contains high quality protein, is rich in chlorophyll (a natural detoxifier) and SOD (superoxide dismutase) enzymes. Barley grass is truly a Super Nutrient powerhouse.

**Hericium erinaceus** (both the whole concentrate and fermented mycelial extract), also called “Lion’s Mane”, is a type of traditional medicinal mushroom used for centuries which is world famous for its phenomenal immune-promoting factors. This Super Nutrient is included in our master vitamin C product for its dramatic immune-specific support of the nervous system. Exciting studies by Japanese researchers have isolated nerve growth stimulant factors in this plant that help cause brain neurons to grow and rejuvenate – greatly significant for the integrity of the interaction between the immune and nervous systems in maintaining health as well as supporting superior intelligence and faster reflexes.

**Wild-Grown Blue Green Algae** is included in this formula as one of nature’s most superb foundational Super Foods with a wide range of nutritional factors including natural vitamins, minerals, chlorophyll, proteins and amino acids for superior immune support, fighting free radicals, increased energy levels and feeling of well being and fat loss support.

South American, nonhybrid **Artichoke Leaf Extract** is an important co-factor in this formula that supports healthy urine flow from the kidneys, promotes the flow of bile from the gallbladder, helps cleanse the liver of impurities and its bitter alkaloids assist in stimulating efficient digestion. It also helps maintain cholesterol levels that are already in the normal range. Artichoke extract contains special highly active phytonutrients including silymarin, chlorogenic acid, cynarin, sesquiterpene, lactone, caffeoylquinic acids and luteolin.

South American, nonhybrid **Parsley Concentrate** is a nutrient powerhouse with high levels of natural beta carotene, vitamin B12, chlorophyll, calcium and more vitamin C than citrus fruits. It supports the liver, uterus, spleen, kidneys and adrenal glands, purifies blood and body fluids; promotes good digestion and is an extraordinary immune system booster. It contains key flavonoids including furanocoumarins.

**Lycopene** (from South American nonhybrid tomato concentrate) is a powerful antioxidant with extensive research showing its benefits for the cardiovascular system, prostate, eyes, breasts and especially the immune system.

**The Vitamin C Super Food.** All together, these Super Food vitamin C sources combined with powerful, synergistic co-factors and transporters create **Quantum Vitamin C Complex**, a truly 100% natural and safe whole-nutrient vitamin C and bioflavonoid-rich supplement, safe and proven immune system support.\*

**Note:** Each Vcap contains approximately 55 mg natural-source vitamin C.

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\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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